

Rhythm Play!



The Rhythm Play!™ Facilitation Training Intensive

"No man, however civilized, can listen for very long to African drumming, or Indian singing, or Welsh hymn singing, and retain intact his critical and self-conscious personality." *Aldous Huxley*

Why Learn to Facilitate Rhythm?

Ever wanted to immediately rivet a group? Capture and hold their attention totally and completely? Regardless of age? Welcome to Rhythm Facilitation.

Excellent presentations grab the learner's attention by providing experiential activities that are relevant, motivating, and memorable. As a rhythm facilitator, you'll engage people in a way that optimizes their ability to achieve planned goals and objectives; from the most focused team development objective to simply having a good time!

Rhythm Play!™ training gives you unique, proven, rhythm-based facilitation skills that deliver learning and turn groups on.

What Will Participants Learn?

The art of Rhythm Program Facilitation is rich with opportunities for growth and empowerment of both facilitator and participant. The *Rhythm Play!™ Intensive* is designed to provide practice with the core skills needed to facilitate all types of rhythm programming, and the sensibilities needed to become a master facilitator. At the Intensive you will:

- Enhance and tune your personal facilitation style; we all have our own, but most facilitators try to emulate someone else. Learn how to build on the modeling of other great facilitators, while fully embodying who YOU are as a facilitator.
- Find and hone your facilitation sweet spot; discover how to be in your total 360 degree awareness and facilitation zone every time
- Discover the untapped power of your authenticity in your facilitation; your Facilitative Presence™
- Sharpen your internal metronome; never loose the pulse even if your group has!
- Gain skills to handle tough groups, unwilling groups, and wild groups.
- Learn and experiment with activities that use egg shakers, drumsticks, Boom Whackers™ Tuned Percussion Tubes®, Sound Shapes™. Activities will come from the popular Rhythm Play!™ book, now in second printing, as well as new activities and models to create your own.
- Learn rhythm challenge initiatives: teambuilding problem solving activities using rhythm.
- Learn how to use any hardware store to outfit your percussion kit, and where to find the best deals on sturdy instruments to build your kit on a budget.
- Learn the basics of establishing credibility in corporate environments and create corporate programs that deliver.
- Learn the basics of creating school programs that educate and entertain for 10 to 1000 young people at a time.
- Learn the basics of West African based hand drumming techniques and rhythms for use in rhythm activities.



Why Use Rhythm?

For Corporate Programming

Powerful leadership necessitates the potent skills that are synchronous with team development. All the skills and tools that promote unity, alignment, depth and winning energy in a team, are the tools that cutting edge leaders utilize and deploy.

Great organizations take advantage of the fact that the **emotional commitment** is even more powerful than the **rational commitment**, and leads to **total engagement**. Rhythm programming offers tools to access the reference point of total engagement, with team and leadership skill development occurring simultaneously.

For Youth Development

Utilizing drums and rhythm based programming, youth directly sense the power of their expression and the power of working together. They break down barriers, create shared vision, and celebrate success. Growth in youth development occurs when internal awareness directly changes, yielding new awareness and behaviors. But what creates this kind of inner change for young people?

- Experiences that engage youth on levels other than strictly mental;
- Experiences that engage as many of the 5 senses as possible; and,
- Experiences that are novel and promote true innovations in thought and behavior.

Rhythm programming offers engaging learning contexts; affective and leadership skill development occur simultaneously.

For Community-building

- Integrating rhythm allows a facilitator to utilize a full spectrum of modalities as explored in Howard Gardener's work; rhythm activities include musical, kinesthetic, spatial, and interpersonal and intra-personal learning modalities.
- Rhythm sessions accelerate the development of affective skills, including:
Active listening Creativity Empowered Self-expression Group Trust

Through the **Rhythm Play!**[™] training program, participants will:

- 1) Discover the ease and excitement of using rhythm-based activities;
- 2) Explore techniques and tools for group management and enhanced development of personal presentation style and skills;
- 3) Gain direct experience with engaging, rhythm-based activities and initiatives for energizing, group building, and skill development; and,
- 4) Learn how to **facilitate rhythm/drumming circles and rhythm-based sessions**.

The training integrates body awareness; you will enhance and find the confidence and connection to your rhythm.



Who Should Participate?

- Facilitators seeking to deepen and expand their skills
- Facilitators seeking excellent new tools for their activity toolbox (corporate, community, youth)
- Rhythm program Facilitators
- Drum Circle Facilitators
- Music Teachers
- Music Therapists
- Classroom Teachers
- Anyone interested in rhythm/drum circle facilitation
- Summer Camp Staff/Camp Faculty
- Experiential Program Facilitators
- Recreational Program Staff

Why Train with Kenya Masala?

Kenya has been a rhythm program facilitator for 18 years.

During that time he has:

- Designed and delivered corporate drumming and rhythm programs for Connoco Philips, Dell, FLUOR, Texas Instruments, and Chevron;
- Delivered and developed corporate and school drumming programs, and trained facilitators for the Drum Café (clients include Shell, State Farm, Adobe, GE, Southwest Airlines);
- Taught in grade levels (pre-K through College) as an educator, trainer, curriculum development consultant, and assembly presenter;
- Developed and initiated wellness drumming programs at national spas (including Canyon Ranch);
- Facilitated groups of 10 to 7000 solo and with teams;
- Created, Directed, and Produced the only interactive percussion theatrical show in the US (www.zaboomba.com)

For More Information:

Kenya Masala | Director, Source Consulting Group | 512.293.2400

www.sourceconsultinggroup.com | kenya@sourceconsultinggroup.com

See logistical details on the following page.



Training Logistical Details

When: March 16-18, 2012. We'll begin at 3:00 pm on the 16th and end by 2:00 pm on the 18th.

Where: Austin, TX. The training site [Casa de Luz](#), is 'Totally Austin,' and is in the heart of the Zilker Park district with easy access to downtown and all of Austin's central attractions. March is a glorious time to be in Austin and the temperatures will be mild and warm.

Travel Suggestions:

Austin's Bergstrom Airport (AUS) services most national airlines and a cab ride to town will run about \$30 -40. We recommend carpooling with other attendees. We will provide all the necessary percussion and drums, so renting a bicycle while you are in town is a good cost effective idea – Austin is very bike friendly.

Equipment:

We'll provide all the drums and percussion equipment you'll need!

Lodging Suggestions:

Austin Motel: www.austinmotel.com

Hotel San Jose: www.sanjosehotel.com

Extended Stay America Hotel Austin - Downtown - 6th St.: www.extendedstayamerica.com

Hampton Inn & Suites: www.hamptoninn1.hilton.com

Homestead Studio Suites Austin - Downtown - Town Lake: www.homesteadhotels.com

Plus numerous Bed and Breakfast and Cottage rentals in the area – Google 'Austin downtown lodging' for an extensive listing of excellent options in all price ranges.

Meals:

We will provide light snacks and water during the training, you'll be responsible for all other meals and dining. The training site offers some of the best vegetarian food in Austin, and is also within walking distance of many wonderful dining options.